

WAIVER / RELEASE FORM

In consideration of the right to use this facility, I agree to assume all risks and release, indemnify and hold harmless Sports Leagues Canada Inc., its shareholders, officers, directors and employees and/or all others having an interest in this facility from all liabilities, negligence, causes of actions, claims, demands, changes and damages of every kind which may arise out of my participation in activity at this facility. I will play under control within the rules of the game and to the best of my ability. I will avoid causing injury to myself and others using this facility.

NOTICE OF WARNING: You agree and acknowledge that there is a potential risk in training and participating in any sport and assume such risk in participating in this activity at this facility. You agree and acknowledge that we have tried to create a safe environment and established rules for participation; and proper conduct on or about the playing field and that such rules must be followed.

AGREEMENT: I have read and understand the waiver and release of liability on the reverse side of this form. I have also read and agree to abide by the published rules of Sports Leagues Canada Inc. I consent to the use by Sports Leagues Canada Inc. of my/our team photographs, videos and new media, and I acknowledge and agree that Sports Leagues Canada Inc. reserves the sole and exclusive right to use any such photographs or videos for advertising and instructional purposes, without cost or charge.

SPORTS LEAGUES CANADA INC. WAIVER AND RELEASE OF LIABILITY

Please read carefully!

1. This is a binding legal agreement. As a participant in the programs, activities and events of Sports Leagues Canada Inc., the undersigned acknowledges and agrees to the following terms.

DISCLAIMER

2. Sports Leagues Canada Inc., its directors, officers, members, employees, volunteers, officials, participants, agents, sponsors, owners/operators of facilities are representatives of (the **“Organization”**) are not responsible and cannot be held liable for any injury, damage or loss of any kind suffered by a participant during, or as a result of, any program, activity or event, caused in any manner whatsoever including, but not limited to, the negligence of the Organization.

DESCRIPTION OF RISKS

3. In consideration of my participation as a Participant in such programs, activities and events. I hereby acknowledge that I am aware of the risks and hazards associated with or related to soccer and assume all such risks. The risks and hazards of soccer include, but are not limited to injuries from:
 - Executing strenuous and demanding physical techniques in soccer;
 - Dryland training including weights, running, and massage;
 - Grass, turf and other surfaces including bacterial infections and rashes;
 - Falls to the ground due to uneven or irregular terrain or surfaces;
 - Collisions with walls and soccer equipment;
 - Failure to properly use any piece of equipment or from the mechanical failure of any piece of equipment;
 - Spinal cord injuries which may render me permanently paralyzed;
 - Extreme weather conditions which may result in heatstroke, sunstroke or hypothermia;
 - Contact, colliding or being struck by other participants, spectators, equipment or vehicles;
 - Vigorous physical exertion and strenuous cardiovascular workouts; Exerting and stretching various muscle groups; and
 - Travel to and from competitive events and associated non –competitive events which are an integral part of the organization’s activities.
4. Furthermore, I am aware:
 - That injuries sustained in soccer can be severe;
 - That I may come into close contact with other participants, including the possibility of accidental and unexpected contact;
 - That I may experience anxiety while challenging myself during the activities; that my risk of injury is reduced if I follow all rules adopted during training; and that my risk of injury increases as I become fatigued.

RELEASE OF LIABILITY

5. In consideration of the Organization allowing me to participated as a participant, I agree:
 - A) To assume all risks arising out of, associated with or related to my participation;
 - B) To be solely responsible for any injury, loss or damage that I might sustain while participating; and
 - C) To release, indemnify and save harmless the Organization from all liability for any and all causes of actions, claims, demands, changes, costs and damages of every kind which may arise out of my participation in activity at this facility, including in respect of any action that may have been caused by the negligence of the Organization.

Accident Insurance

Executing this agreement will not preclude you from accident insurance coverage, subject to the terms and conditions of the Sports Leagues Canada Inc. insurance policy.

ACKNOWLEDGMENT

By signing the following page, you agree that you are the player being registered and are bound by this Legal Agreement even if you have not read this agreement.